



GENETIC CARRIER SCREENING COUNSELLING SERVICE

Genetic Counselling

Genomic Diagnostics provide through their qualified genetic counselling partners, supportive, free of charge genetic counselling for patients who test as carriers for cystic fibrosis (CF), spinal muscular atrophy (SMA) or fragile X (FXS) following a core genetic carrier screen test. This high quality telehealth service aims to support and educate patients, ensuring they have the tools required to understand the implications of their test results and make informed reproductive decisions.

What does the Genetic Counselling Cover?

- Detailed explanation of the patient's carrier status, and reproductive and medical implications for the patient and other family members
- Information about the condition associated with the carrier screen result
- Discussion of possible next steps including partner testing and reproductive options
- Answering any questions the patient might have relating to the carrier screen results
- Provision of fact sheet to patient and summary letter to referring healthcare practitioner

How do I refer someone for Genetic Counselling?

- 1 Positive carrier test result is faxed to your clinic with a dedicated referral form for genetic counselling
- 2 **Discuss result** with your patient and determine if genetic counselling through Genomic Diagnostics is required
- 3 **Complete referral form** for genetic counselling and fax to counselling service
- 4 **Patient contacted** by counsellors within 24-48 hours to book counselling session
- 5 **Patient counselling** session occurs
- 6 A summary of the counselling session is faxed to you as the referring doctor

After counselling, your patient will be referred back to you for follow-up and ongoing management.

- Genetic counselling appointments are up to 60 minutes and are available 9am-5pm EST with after-hours and weekends by specific request.
- It is essential a current patient phone number is provided on the referral.
- Counsellors obtain a copy of the patient's results directly from Genomic Diagnostics.
- Should the patient require genetic counselling following partner testing, patients can be referred back for further counselling.

The genetic counselling sessions for Genetic Carrier screening are designed to enable patients to discuss any questions and explore any issues and implications of their carrier screening results only. The service is not designed to offer genetic counselling regarding other genetic conditions unless agreed upon beforehand. Following the conclusion of the telehealth consultation, the counselling service has no subsequent duty of care to the patient as they are referred back to their healthcare practitioner

For more information, contact us at info@genomicdiagnostics.com.au

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